



## **BRIARS NETBALL CLUB SAFETY PROCEDURES**

Version 1.1: February 2019

Safety of all players, volunteers and visitors to Briars Netball Club facilities is important.

The BNC urges all participants and supporters to assist in providing a safe and secure playing and training environment.

Injuries are more likely to occur to players, but they may also be sustained by umpires and club members.

### HAZARDS

Coaches, manager, players and spectators are expected to ensure that the netball playing and training environments are safe and free from trip hazards. The courts should be inspected prior to any training or playing for hazards. If the hazards can be removed safely, it should be done so. If the hazard is dangerous alternative methods to remove it should be used, such as contacting Canada Bay Council, SES and/or IWNA.

Training Day Hazard: Contact the relevant authority if it is urgent. If it is non urgent contact the BNC Secretary who will advise the IWNA.

Game Day Hazard: As soon as a hazard is identified, leave an adult to supervise the hazard if it cannot be contained, whilst another adult advises the IWNA with details of location and specific hazard.

All drink bottles, bags, balls and other materials should not be left on the court boundaries and should be placed out of the way of players and officials.

### INJURY AT TRAINING

If a player sustains a minor injury at training the coach/manager will render first aid with the use of the small first aid kit that is in the team manager's kit bag. The coach/manager will assess if the child can continue training. The parent/guardian should be advised of the incident on picking up the child.

If the injury is more serious the player's parent/guardian will be required to take the player to a hospital or their GP for a formal assessment. If the parent/guardian is not at the training facility they will be contacted ASAP to transport their child.

If the injury is extremely serious the coach/manager will contact the NSW Ambulance service and then the child's parent/guardian to advise them of the situation. If the child is to be transported by NSW Ambulance and the parent/guardian is not at the training venue, the parent/guardian must be advised of the transportation. An adult, preferably the manager, should travel with the child in the Ambulance and stay with them until the parent/guardian arrives. The manager may make alternative arrangements as he/she sees fit.

It would be appropriate for the coach to request a medical clearance from a GP or other medical professional that permits the child to play sport again if the injury was particularly serious. This would



include, but is not limited to, head injury, back injury, ligament tear, knee trauma, ankle trauma or fractured bone.

### INJURY ON GAME DAY

If a player has been injured on court the manager and coach may enter the court to render assistance if the player is unable to assist herself. Either the injured player or the team captain should call time, for younger players the coach may do so.

BNC advises that the injury should be reported to IWNA in the following manner:

1. If the player can walk herself she should attend upon the physiotherapy/ first aid room immediately with the assistance of either her next of kin or team manager.
2. If the player cannot walk due to her injury the physiotherapist should be alerted and they should attend upon the player at the court.
3. If the player's injury is extremely serious the IWNA committee should contact a NSW Ambulance via 000. A message should then be broadcast over the loud speaker to ensure safety of all persons at the courts as the Ambulance enters the playing arena.

### Umpire:

The BNC provides umpires to each of their round games and finals games. The umpire will know his/her obligations in relation to injury time.

The Umpire should ensure that the playing field is safe to enter prior to the game commencing.

If the injured player cannot be moved, the umpire in conjunction with the IWNA should relocate the game to another appropriate court.

### Injury Time:

The IWNSA By Laws state at 1.4 (f) that *"Timing of games to commence and finish on the hooter. No extra time is allowed for a late start but up to two (2) minutes is allowed for injury (maximum of three minutes, to be played at the end of the fourth quarter). When the final whistle blows, stop play until the timekeeper is present to time the extra time. Play will commence from where the ball was when play stopped."*

### Reporting the injury:

- a. The injury must be reported to the IWNA First Aid/Physiotherapy room
- b. Report the injury to the IWNA directly, and follow up with the BNC Club Secretary to ensure that a written record is emailed to the IWNA. This would assist with insurance claims.
- c. Do not leave the injured player on their own.

NB: There should be a defibrillator available in the physiotherapy room if it is required.