

# **BRIARS NETBALL CLUB COACHING POLICY**

Version 1.2 - 2018

## 1. AIM

Briars Netball Club aims to develop, support and recognise coaches who can provide and maintain high standards of coaching for BNC.

## 2. EXPECTATIONS

The BNC expects all BNC Coaches to abide by the National Codes of Behaviour. See Appendix A. BNC coaches will accept coaching, advice and counselling from the Briars Coaching Convenors and the Executive Committee. They will make them selves available to appear before the Grievance Officer if necessary.

BNC also expects that coaches will abide by the BNC Mission Statement in which the guiding principles of Integrity and Respect; Teamwork; Fun and Enjoyment; Inclusion and Excellence are valued. See Appendix B.

## 3. QUALIFICATIONS

BNC Coaches will be supported and financially compensated to complete relevant coaching courses. It is a requirement that all coaches will complete the Foundation Netball Coaches Course (online). <u>https://netball.com.au/get-involved/coaching/accreditation-2/</u>

Once you have successfully completed this course, BNC will reimburse you the cost of the on line when you forward a copy of the certificate of completion to the BNC Treasurer.

BNC coaching philosophy is in line with the Netball Australia Coaching Blueprint as can be found at <a href="https://netball.com.au/coaching/netball-coaching-blueprint/">https://netball.com.au/coaching/netball-coaching-blueprint/</a> It is player centred coaching that will 'ensure the needs and participation motivators of players are met'.

## 4. DOCUMENTATION

All relevant coaching certificates attained by the coach will be submitted to the Coaching Convenor once received. The certificates can be printed out from the individual coaches My Netball profile.

## 5. CLUB ETHOS

BNC provides opportunity for girls in the Concord area to have fun playing netball with current friends and in order to make new friends.

BNC will support coaches in their role by providing resources and training as required.



Grading is a personal preference for BNC and is not compulsory. Those girls who wish to have BNC guide them in the pathway to representative netball will be supported in their quest.

## 6. MINIMUM AGE OF COACHES

It is preferred that Coaches be a minimum of 14 years of age, although it is to the discretion of the Coaching Convenor that younger, capable juniors may take on the role of assistant coach to an experienced adult coach who can mentor them. A head coach of 14 years of age must have had previous coaching experience and must be approved by the Coaching Convenor.

## 7. COACH EDUCATION

All coaches will be invited to attend Coaching Workshops in the weeks prior to each Winter Season commencing. This will assist in coaches to improve their knowledge, skills, techniques and training plans in a comfortable, friendly environment. It is preferable that the Foundation level course be completed prior to Winter Season commencing.

During the season the Coaching Convenor will monitor and guide coaches to ensure that the coaches are abiding by this policy and providing skill appropriate training sessions. They will provide timely advice and support. The Coaching Convenor will make herself available, where possible, to assist coaches who have particular requests in relation to skills, drills and strategies.

It is expected that all coaches will attend and participate in the Practical Coaching session at the date and time specified by the Coaching Convenor.

## 8. COACH ALLOCATIONS

Coaches are allocated as teams are created and confirmed. The allocation of coaches is determined by the following:

- a. Parents of players in the team will get first preference as coach of the team
- b. If a parent has coached the team the previous season without complaint, then this parent will have priority to coach
- c. If there are multiple parents who volunteer for a particular team, parents will be encouraged to come to a decision themselves
- d. If a decision cannot be made the Executive Committee will make a final determination
- e. If no parents volunteer to coach the Executive Committee will appoint an appropriate person to the position

## 9. CLUB EXPECTATIONS

Coaches are expected to attend every training session and will be at courtside during the teams Saturday games.

Coaches will be prepared for 45 min (U8-U9) or 60 min sessions (U10 and above). The sessions will occur once a week. The Coach will determine the time of those sessions.



## 10. COACH WELFARE

## 10.1

Netball is a game in which passion and emotions can run high. The National Code of Behaviour protects coaches, and BNC provides further protection to our coaches via our Member Protection Policy. It is appropriate for a coach to request parents/supporters and players to also abide by the National Code of Behaviour.

If a coach believes that he/she has been treated in any way that causes them concern or worry, they should contact the Member Protection Officer via the BNC Secretary, for guidance.

### 10.2

In order to ensure our Coaches have positive volunteer outcomes through their time with BNC, coaches will be limited to coaching 2 teams per season. This is to prevent clashes with game times, over stretching our valuable human resource and making coaching opportunities available to others. In the event that a coach feels the need to coach more than 2 teams a letter to the Executive Committee is required, for their consideration.

### 11. COACH COMMUNICATION

Prior to the commencement of the Winter Season coaches will clearly communicate to all players and parents (via email) their plans, aims and desired outcomes for the season. This email will also include a commitment to the BNC Coaching Policy as well as a clear statement about the coach's policy in relation to finals. The finals policy must specify player rotation or play the best player preference.

#### 12. ROTATIONS

All teams with 8 or more players will have to have players rotated on and off throughout the season. Coaches will discuss with their team the expectations of rotations during the finals series.

12.1 – Graded teams – the rotation of players is to be at the discretion of the coach with fairness at the forefront of their decisions

12.2 – Non graded teams – the rotation of players is to be equitable and fair

#### 13. SAFETY

BNC has a Safety Policy. Coaches should be aware of this policy. Coaches and managers need to ensure that the training facility and game court are free from hazards.

Coaches are to ensure that players are wearing the appropriate footwear to training, as well as their Briars Netball Club training shirt.



### 14. WWCC

In accordance with the requirements of the IWSNA and BNC every volunteer over the age of 18 is required to obtain a Working With Children's Check. This can be done for free and via the Office of the Children's Guardian <u>https://www.kidsguardian.nsw.gov.au/child-safe-organisations/working-with-children-check</u>



## **APPENDIX A**

## NATIONAL COACHES CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as a coach:

- 1. Operate within the rules and spirit of netball, promoting fair play.
- 2. Develop a positive netball environment by emphasising enjoyment and by providing appropriate development and competitive experiences.
- 3. Support opportunities for participation in all aspects of the sport.
- 4. Treat each person as an individual. Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
- 5. Display control, courtesy and respect to all involved with netball.
- 6. Respect the decisions of umpires, officials, other coaches and administrators in the conduct of netball programs and competitions.
- 7. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
- 8. Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating players. Activities, rules, equipment, length of games and training schedules should take into consideration the age, ability and maturity level of the participants.
- 9. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- 10. Ensure your decisions and actions contribute to a safe environment. Place the safety and welfare of the players above all else.
- 11. Ensure your decisions and actions contribute to an environment free of sexual harassment, bullying, discrimination or victimisation.
- 12. Any physical contact with player should be appropriate to the situation and necessary for the player's skill development.
- 13. Adopt responsible behaviour in relation to alcohol and other drugs.
- 14. Be honest and do not allow your qualifications/accreditation to be misrepresented

From: <u>http://s3-ap-southeast-2.amazonaws.com/netball-wp-assets/wp-</u> content/uploads/2014/07/05182005/National-Codes-of-Behaviour\_May-2015.pdf



## **BRIARS NETBALL CLUB – MISSION STATEMENT**

## Our club is a Value-based club

As a club our values guide our behaviours and conduct. The key principles to guiding these principles are:

### i. Integrity and Respect

Recognise that volunteers are what makes our club possible. Treat all participants with dignity and consideration. Treat property and equipment with care. The club uses a decision making process that has fairness as its primary consideration.

### ii. Teamwork

Our club collaborates and works together to achieve our common goals and resolve issues. We show support on and off the netball court.

### iii. Fun and Enjoyment

As a club we aim to make netball an enjoyable and encouraging game for all to participate in. We aim to fuel a passion for sport as well as recognising the basic reason that most people participate is for the enjoyment of netball. We promote fair play over winning at all costs.

#### iv. Inclusion

We strive to include all person who are eligible to play netball in the Inner West competitions. We will provide assistance to those in our community who require it to ensure they are included. We respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.

#### v. Excellence

As a club and as representatives of the Briars Netball Club we aim for best practice in everything that we do, whether it is administration, arbitration or on the court. We seek to achieve the highest standards so that our club can achieve the best outcomes possible.